

## T.T.A 7T : THALASSOTHERAPIE IN HAMMAMET

### PROGRAM:

You discover to this escapade of nature and well-being thanks to the alliance of the sea and the thalassotherapy.

It is the true definition of the "shape to the apex". In order to find a new energy, we propose you the association of the sun, the sea and the cures like pure of the complete programs of cure much:

- Medical examination to the entrance.
- 4 cures to the day that is distance bio sailor of hydrotherapy and a massage complete of the chosen body with doctor
- Hammam, sauna, fitness, cardio training...

### DESCRIPTION:

The Thalasso is established all along the coast of Tunisia in hotels and in all seasons. The offer is varied the equipments and cares diversified.

Proposed cures in centers: Anti stress – Anti tobacco – New look cure – Back health cure – Young mother – Light – feeling legs cure – Top shape cure for men – Arthro rheumatic cure – Posttraumatic –Anti cellulite.

The most important centre location: Gammarth (Tunis) –Hammamet – Tabarka –Monastir – Sousse – Mahdia – Djerba – Zarzis.